

CAMP REGISTRATION

Name _____

Address _____

City _____

State _____ Zip _____

School _____

Grade _____ Age _____ Position _____

Phone _____

E-mail _____

T-shirt size (circle one): Adult Sizes: S M L X-Large
Youth Sizes: M L

I plan to attend (mark all that apply):

Pitching Instruction

Beginning..... \$30 each or \$85 for all 3

Nov. 14 10-10:45 a.m. 11-11:45 a.m.

Dec. 5 10-10:45 a.m. 11-11:45 a.m.

Jan. 16 10-10:45 a.m. 11-11:45 a.m.

Advanced.....\$50 each or \$125 for all 3

Nov. 14 Dec. 5 Jan. 16

Catcher's name _____
Catchers also must submit the parental release form on back of this registration form.

Offensive/Defensive Skills Clinic (Jan. 24, 2-5 p.m.) \$55

Catching Instruction (Jan. 24, 5:15-6 p.m.)\$30

Both Offensive/Defensive and Catching.....\$85

My check is enclosed for: \$ _____

Please make checks payable to: Wartburg Softball Camps

Send registration and payment to:

Wartburg Knights Softball Camps
c/o Heather Zajicek
100 Wartburg Blvd.
P.O. Box 1003
Waverly, IA 50677-0903

For more information:

319-352-8717 Fax: 319-352-8720
heather.zajicek@wartburg.edu

Register Early! Space Is Limited!

Reminder: Complete parental release on back of form.

NONPROFIT ORG
US POSTAGE PAID
WARTBURG COLLEGE

Wartburg Knights Softball Camps

c/o Heather Zajicek
100 Wartburg Blvd.
P.O. Box 1003
Waverly, IA 50677-0903

CHANGE SERVICE REQUESTED

2009-10 WARTBURG SOFTBALL CAMPS



Advanced and Beginning Pitching Camps

Saturdays, Nov. 14, Dec. 5, Jan. 16

Offensive/Defensive Instruction

Sunday, Jan. 24

Catching Instruction

Sunday, Jan. 24

Clinic Location

Wartburg-Waverly Sports & Wellness Center
319-352-8717



PITCHING INSTRUCTION

Beginning: 10-10:45 a.m. or 11-11:45 a.m.

Cost: \$30 per session (three sessions \$85)

The 45-minute sessions cover basic fundamentals for beginning pitchers.

Advanced: 10:15 a.m.-12:15 p.m.

Cost: \$50 per session (three sessions \$125)

Each two-hour session will focus of specific pitches and advanced training techniques for experienced players.

- Beginning and advanced pitchers, ages 6-18, are encouraged to attend. Please bring your own pitching ball.
- Pitchers must provide their own catchers. All pitchers and catchers must have a release form on file to participate. Please make copies of the release form so parents and guardians of catchers under age 18 can read and sign the participation release. Adults who are catching can complete a release form on site.

Saturday, Nov. 14 **Registration deadline: Nov. 6**

Saturday, Dec. 5 **Registration deadline: Nov. 27**

Saturday, Jan. 16 **Registration deadline: Jan. 8**

OFFENSIVE AND DEFENSIVE SKILLS CLINIC

Sunday, Jan. 24 **Registration deadline: Jan. 15**

Time: 2-5 p.m.

Cost: \$55 (both offensive/defensive and catching sessions \$85)

- Players of all ability levels in grades 3-12 are invited to practice offensive and defensive skills and strategies.
- Techniques to be covered include hitting, bunting, base running, throwing, and fielding.

CATCHING INSTRUCTION

Sunday, Jan. 24 **Registration deadline: Jan. 15**

Time: 5:15-6 p.m.

Cost: \$30 (both offensive/defensive and catching sessions \$85)

- Players of all ability levels in grades 3-12.
- Catchers are encouraged to wear their own mask and gear.
- Techniques to be covered include basic throwing mechanics, blocking, framing, and footwork.

CLINIC BENEFITS

- ✓ Develop self-confidence.
- ✓ Learn new techniques.
- ✓ Maximize your potential.
- ✓ Have fun with others.
- ✓ Acquire a competitive edge.



INSTRUCTORS

Kara Kehe is in her seventh season as head softball coach. Her career record at Wartburg is 203-46 which includes Iowa Conference Championships in 2006 and 2008, four consecutive NCAA Tournament Appearances, and six 30-win seasons in a row. A former NCAA Division III postgraduate scholar, she earned a Bachelor of Arts degree from Wartburg in 1997 and a Master of Arts degree from the University of Iowa in 1999.



Heather Zajicek, assistant coach and clinic coordinator, is in her sixth season at Wartburg.



EQUIPMENT

Wear clothes and shoes appropriate for indoor activities. Bring your glove, hat, and helmet, if desired—just be sure to mark everything with your name.

REGISTRATION

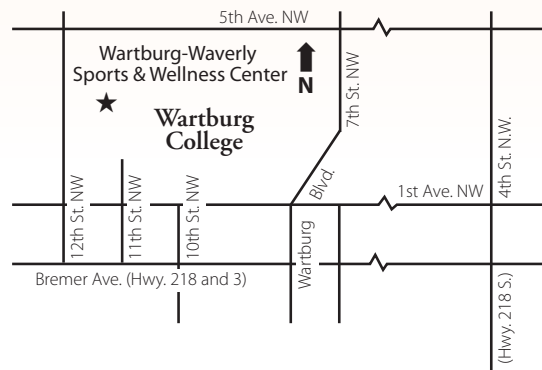
Check-in: 20 minutes before each session

More info: Check our Web site, www.go-knights.net, for additional information on Wartburg camps, including registration forms.

Each participant will receive:

- ✓ Quality instruction
- ✓ Personalized attention
- ✓ T-shirt
- ✓ Supervised environment

CLINIC LOCATION



PARENTAL RELEASE FORM

We (I) hereby give our (my) permission to Wartburg Softball Clinic to provide medical attention to our (my) child

_____ in the event of injury or illness. We (I) hereby release Wartburg College, clinic workers, and all its employees from all claims (present and future) resulting from any injuries that may be sustained by our (my) child while attending the Wartburg Softball Clinic. We (I) also certify that our (my) child is medically fit to participate in the clinic and that we (I) will be responsible for any medical or other charges in connection with attendance at the clinic.

Date _____

Signed (parent/guardian) _____

(parent/guardian) _____

Where possible, BOTH parents/guardians must sign this release.

Address _____

City _____

State _____ Zip _____

Home phone _____

Cell phone _____

E-mail _____

Medical Insurance Company _____

Please attach a copy of the insurance card covering the participant.

All individuals enrolled are required to comply with the rules and regulations of Wartburg College and the Sports Camps. Any violation of these rules and regulations could cause immediate dismissal from the camp.

